

True Peace

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JUNE 2016



GOD BLESS AMERICA
FAMILY FESTIVAL

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A Time to Reflect on Our Heritage of Faith

By Michael Balcomb



In *Exposition of the Divine Principle*, we learn the importance of the number forty to conditionally separate from Satan and as the number of a new start. For example, when the people of Israel failed in the forty-day spying condition, forty years passed before they had a second chance to enter the Promised Land. After wandering in the wilderness for decades, God had to appoint a new leader, Joshua. Few survivors remained from the earlier attempt; forty years is a very long time in anyone's life and is almost as significant in the life of an institution or community.

As our American family welcomed True Mother to Belvedere to celebrate the fortieth anniversary of the Yankee Stadium rally, we were reminded of this simple fact. The ranks of those who were there in 1976 are thinning fast. Age and illness have taken some away. Others lost their connection with True Parents and drifted away over the years.

When veterans of Yankee Stadium were asked to stand at Belvedere, only about two hundred rose to their feet out of a crowd of thousands. Yet for those who were there in 1976 and again in 2016, and for their now adult children, the reunion was a memorable and life changing experience. We really felt we were making a new start as True Mother spoke with hope and authority about God's plan for America and the world:

What path should America take today? Many issues are plaguing this nation, and unfortunately, America feels like it's distancing itself from God. What is the wish of heaven? The dream of the Heavenly Parent, the dream of the True Parents, is to realize one global family under God.

As she spoke, even the most dedicated listener couldn't help but have at least one eye on the skies. Torrential rain and lightning had been predicted all morning, but somehow, the weather held off right until the very last moment. Only when True Mother had left the stage after the final cheers of *Og Mansei* did the heavens open with drenching, purifying rains. No one could miss the symbolism and parallels with that June evening forty years ago.

Father declared that the Yankee Stadium rally would be a showdown between God and America. In speeches at Belvedere leading up to the event, Father said that he was putting everything on the line:

My success or failure at the Yankee Stadium rally will have universal and historic significance. That is why God, Jesus Christ, Christianity, all humanity, the Unification Church and Reverend Moon all placed their lives on the line in this fight... I have yearned and prepared for this moment, June 1, 1976, since my youth. It will be a time of joy if we are successful, but a time of misery if we fail. It is a time of joy, but also a fearful time.

Most of the members who were there at the time felt the full impact of these words. They said that the day itself felt like an utter defeat, even a crucifixion.


True, we've all seen on film how the rain poured down and how the members stood up and sang "You are My Sunshine" with great spirit. The show went on but no one felt confident to say, What a great victory!

Not until True Father, speaking at Belvedere the next day under glorious sunshine, pronounced that Yankee Stadium was victorious could everyone at last exhale. But not for long: in the very next breath, Father announced that he was advancing the date of Washington Monument by eight months to September 18, 1976!

Just like forty years ago, however, the rains at the anniversary event could not dampen the enthusiasm of our families who went on to enjoy hours of fellowship and food. Tours of the newly renovated Belvedere Main House were a big success, with more than five hundred people coming to look at the rooms where True Parents and their family once lived.

At our victory celebration the next day at East Garden, a happy True Mother thanked everyone for their efforts and shared her ongoing vision for developing the museum and cultural center in Korea and her desire to create the world of a culture of heart:

As we lead our daily lives, human beings seek happiness, freedom, peace and unity. But with these things, there must always be heart. The heart behind each of these words must be felt. Isn't that so? We must express beauty through paintings, through music and through beautiful melodies. That is very important.

As we closed by singing "Generation of Righteousness" led by Dan Fefferman and David Eaton, we all felt that we had crossed the Jordan under True Mother's guidance and that the Promised Land is indeed in sight! 

Dr. Balcomb is both True Parents' special envoy to the United States and president of FFWPU in that nation.

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The Responsibility of Tribal Messiahs

What follows are views expressed by True Father on this central mission for Unificationists.

I have restored the right of the eldest son and on that foundation the returning Lord comes to claim the right of the parent. For this, the returning Messiah represents the position of Abel at the levels of individual, family, tribe, people, nation and world. He fulfills the responsibilities Christianity and America left undone. He also brings down communism and establishes an environment conducive to the unity of the world. On the foundation of fulfilling these conditions, the returning Lord sends forth tribal messiahs. Therefore, just as Heaven sent the returning Messiah, True Parents on behalf of God are sending you as tribal messiahs. They bequeath to you the foundation of the realm of mainstream religion that was prepared to receive the Messiah, which began with Israel four thousand years ago.



Home Church is needed

Each tribal messiah is to embrace two clans, Cain's and Abel's—that is, Cain's family and his or her own family. Jesus should have embraced Joseph's family and Zechariah's family. The disunity between these two families set the stage for Jesus' death. This is the background of the Home Church and tribal church of today. Jesus was to stand on the united foundation of Joseph's family and Zechariah's family. The Messiah, based on these families' attendance of the tribal messiah, was to lead to national restoration. In the same way, your Home Church is a Cain-type church foundation of your tribal messiahship, and your family and relatives are an Abel-type church foundation. You are to unite these two. After accomplishing this, you will complete your mission as a tribal messiah. No problem should exist in bringing unity in your tribe. Furthermore, the time has come when nothing in the larger world will create problems

for us. Nevertheless, my appointment of tribal messiahs does not mean that your Home Church will disappear. Even if we have saved all people, the Home Church remains important. Just as the mind and body need to unite and the entire world needs to unite, the Home Church needs to unite people both inside and outside the tribes.

If you want to fulfill your responsibilities as a tribal messiah, you need to restore your Cain-type and your Abel-type tribes. When you offer conditions and find a hundred and twenty followers who are willing to work, giving their lives and assets, these followers will address your parents and say, You toiled so hard to raise your child! Your child in turn has toiled so much to save us!

When these one hundred and twenty people gather as your clan for a banquet and exchange these words of appreciation, everything will turn around in one night. You need to return to your home-

town and become tribal messiahs. This does not mean the Home Church movement, which has been active these past years, should disappear. Your Home Church foundation is the Cain foundation, and your foundation with your extended family is the Abel foundation. If you shed tears, sweat and blood to establish your Home Church foundation, your extended family will turn around automatically. If you return to your extended family after having saved a hundred people through your Home Church, they will welcome you as a hero or heroine.

Three spiritual children

Fallen Adam and Eve are restored through Abel. Blessed parents become perfect through their children, which is similar to fallen parents being restored through Abel. In this way, restoration takes place through indemnity. Therefore, if you do not

have spiritual children, you should not conceive and give birth to children. You can give them birth, but you cannot truly love them. This is the implication of the Principle. The Fall transpired by people going in a direction opposite that of the Principle. Thus, restoration transpires through blocking, adjusting and correcting that opposite direction in a way that is airtight. Thus, you absolutely need spiritual children.

Unification Church members become Abel when they understand the providence and receive God's love. When they establish this standard, they can form the position of Abel centering on their own good spirit world. People are in the position of Abel depending on their age group. Those in their twenties are in the Abel position to those who are in their twenties; those in their thirties or forties are in the Abel position to those in their own cohort. If you witness to someone from a particular age group, the standard of Cain and Abel will be restored on the basis of that age group. Since young people also need to be restored, however, you need to do so through your children. Therefore, to achieve complete restoration, you need to establish the tradition in which three of your spiritual children devotedly attend your physical children from their birth until their marriage. I have to follow this path if I wish to establish a worldwide foundation of victory. You also have to follow this path. I am one level ahead of you. If my mission is on the world level, your mission goes up to the national level. Accordingly, when I realize a foundation at the world level, you each need to achieve a foundation at the national level.

On what basis did the love we know in this world begin? It began from the archangel, Satan. Therefore, restoration entails recovering the children whom Satan took, raising them as your spiritual children and loving them. After doing that you can return to your original self. By following True Parents' example, you can return to your original self. In the realm of fallen love, we have to recover the love that began with Satan. Since Satan stole love, the mission of your three spiritual children entails restoring the stolen love in Satan's realm by being in the position of an absolutely obedient and successful archangel. You need to stand in the position of having saved your spiritual children and loving

them in the way God would. Since the Fall took place due to an issue that arose from love and led to its loss, the love we give them has to surpass that which Satan's world gives them. So how much should we love our spiritual children? We must love them more than parents in the secular world love their children. If we do not love our spiritual children to that extent, we will not be able to restore them.

Unless we love others to a degree greater than physical parents in the secular world love their children, people will not be attracted to our path. Only through love can we restore people who were lost because of love. We need to do this to the extent of bringing three spiritual children to the Principle. Therefore we establish a successful foundation of love that will permit us to love our physical children. This is a formula, and I have been living according to it. If we do not apply this formula, we cannot have a foundation for perfection. Therefore, even if you have children, completely restore spiritual children before you live with them. God sent his beloved son Jesus to earth to restore humankind through indemnity, and he endured his plight as he went the way of the cross. Similarly, we have to love our spiritual children the way God loves humanity. Therefore, if you do not make a foundation upon which your spiritual children sacrifice for your children, the path to love your children will not appear. We are to have two types of children—spiritual children, of which we need at least three, and our natural children. If you look at today's world, you will see children who are in the position of God's direct children, and fallen human beings who are in the position of adopted children. Salvation does not exist for the sake of the individual. Salvation cannot exist outside the structure of the family. Therefore, each of us is to have three spiritual children and is to lead them to become one with our natural children. This is the formula.

The importance of angels

Who originally was supposed to guide Adam and Eve? It was the archangel. It was not God but the angels who were meant to protect and nurture Adam and Eve until they reached maturity. Likewise it is spiritual children who are meant to support the spiritual parent's path to heaven. When, with the support of your spiritual children,

you receive the Blessing of heaven, they will follow you into heaven on the merit of their support for you as their spiritual parent. This is how the three angels in the angelic world are restored, how the three children of Adam are restored and how the three sons of Noah are restored. This is how the condition of having gone through three stages as Heaven's representative is achieved. What does becoming totally one mean? It means the oneness the three angels in the garden of Eden should have had, focusing on unfallen Adam. When the three angels become one, they are elevated into the realm of God's Blessing.

Before the Fall, the three archangels looked forward to the day Adam and Eve would marry after receiving their complete support. Likewise, your spiritual children will yearn ardently to see you receive the blessing. The mistake of one archangel affected the others. Hence, when your spiritual children support you substantially, they are setting indemnity conditions required by heaven and earth. For that reason, spiritual parents need to maintain a standard of heart toward their spiritual children that is higher than that of parents in the fallen world. You cannot stand on Heaven's side or ascend to the realm to receive Heaven's blessing if your standard of parental heart is lower than that of the fallen world. When you reach that level, you can receive the blessing, give birth to children and love them completely. Then Satan's world will not be able to accuse you or require you to pay indemnity.

Because I overcame on the national level, you can be free from persecution. We stand at the level where the Republic of Korea is able to uphold the Unification Church. Therefore, what remains is simply for you to choose your relatives and appoint them to represent you. We have entered the stage at which they can do so as your spiritual children. Now, what should such spiritual children do? They have to be ready to sacrifice their life for your sake and your children's. How will you inspire them to come to this point? Will you succeed in this task? You can inspire them to come to this point through the Principle. This will become our tradition. *TP*

This is an edited excerpt from Cheon Seong Gyeong, Book 9 Chapter 2, Section 2, pp. 953–956.



Amidst Preparations, Your Hard Work Is Still Necessary

True Mother delivered this message on June 6 at East Garden at the celebration of the successful commemoration of the fortieth anniversary of the Yankee Stadium rally, which had taken place a day earlier.

We need to develop. We cannot rest until the day Heaven is successful. I, the only begotten daughter, whom Heaven was able to embrace for the first time in six thousand years, was born. I had physical parents, but I attended God as my father. I am probably the only one in history that heard while growing up that God was my father. Therefore, I am saying that it was special. I briefly talked about my birth the other day; if I were to explain it all, it would take a long time.

Heaven chose the Israelites and for four thousand years, he carried out his providence, and then he sent his begotten son. No only begotten daughter existed at that time. However, Mary, who had given birth to the begotten son, did not fulfill her re-

sponsibilities. How could Mary have given birth to so many younger brothers after Jesus? She failed from that point. The purpose of Jesus' coming was to become the true parent of humankind, yet Mary, who should have cooperated closely with him, did not fulfill her responsibilities.

Neither the people around Jesus—Zachariah, Joseph—nor Judaism fulfilled their responsibilities. They were unaware of the providence. As a result, Jesus lost his environment. Since that happened he had no foundation; he could not triumph over Satan's accusations. God spent four thousand years preparing the Israelites so that he could send his begotten son, but everything was lost in one day. How could Jesus' crucifixion bring human salvation? People of that time were so foolish.

Now is the time for light to shine on the truth. Why? Because of the only begotten daughter's birth! God's hope is to embrace all human beings through True Parents—one family under God. He wants to become the parent of all people. That was God's intention for the Creation.

With that path in mind, the beginning point of the only daughter of God occurred two thousand years ago. God does not reuse a person or a nation that has left responsibilities unfulfilled because of the indemnity they would still bear. ...

Only True Parents know this, so you need to learn from True Parents. You need to tell others about this concept of indemnity. When the truth is revealed, a new age will begin. Therefore, True Parents have begun a new era, the era of Cheon Il Guk.

True Mother's preparations

Fundamentally, we are taking this path as we prepare for the settlement of Cheon Il Guk on earth. Thus, I am preparing to create a system centered in Korea, in Cheongpyeong, that is greater than that of Vatican City, which one might call Christianity's mecca. True Parents have upheld Heaven's will and have spent their entire lives living for the sake of others by practicing true love to save humanity. I am preparing in all areas, such as necessary human resources, to design and build the Cheonji Seonhak Won, in which True Parents' achievements can be seen at a glance.

Once we complete the Cheonji Seonhak Won, the line of people, coming from around the world, will not cease. The Cheonji Seonhak Won will convey the True Parents in the era of Cheon Il Guk, which one can only see by coming to Korea. The building will symbolize True Parents historically and culturally and will become a place that UNESCO might one day ask to have preserved forever. Therefore, every day I am planning this.

Hyojeong Cultural Center

Each day should be different, right? If so, development occurs. We are also building, in the same area, the Hyojeong Cultural Center, which will become the center of a revolution

within the culture of heart. In the arts, freedom, peace and unity are necessary because human beings strive for these things. Expressing beauty through a drawing, through a melody or music—this is quite important. There are many famous artists. Especially in the Christian cultural sphere, many wonderful artists emerged. However, sadly, they did not clearly know what Heavenly Parent's dream was. In short, I feel that there was more darkness to their art than hopefulness. Even Michelangelo's art is like that. There was no other way to express it. The Last Judgement, have you seen that kind of art?

More than that, what greater happiness would there be than that which would arise from our attending Heavenly Parent, attending True Parents, in the restored Garden of Eden on the path toward becoming Cheon Il Guk citizens? There is only hope. Korea is the nation of God's chosen people. Koreans are the chosen people for whom Heaven had prepared for two thousand years so that his only begotten daughter could be born.

Due to Mary's failure to fulfill her responsibilities, the chosen people of Israel could not fulfill their historic mission. However, Dae-mo nim gave birth to the only begotten daughter and supported True Parents. Externally, Dae-mo nim helped realize the

four-position foundation of the successful only begotten daughter. In other words, through Dae-mo nim and Dae-bu nim the restored environment came into being. This is why the position of the only begotten daughter is 100 percent different from that of Jesus Christ. The four-position foundation was realized on earth in the successful family of True Parents and Dae-mo nim. This was one hundred percent different from the situation of the past begotten son of God, Jesus Christ.

Isn't that the significance of the Cheongpyeong works? Not just anyone could have done that. Dae-mo nim heard the word, received the blessing and rose to the position of a blessed family member, but upon seeing fickle fallen human beings and the fallen world, she was not always hopeful on each day of her life. The environment is bound to cause people to waver.

Hence, Dae-mo nim worked to guide wavering people to have mature character and be perfected individuals that build perfected families. She did this by giving them strength and healing their physical and spiritual bodies. That is why she is the "Great Mother."

She provided full physical and spiritual support to guide fallen people to True Parents. This created a different environment than that of



- ① True Mother and her eldest child, Ye Jin Moon, light the victory celebration cake.
- ② True Mother receiving a bouquet of flowers



Jesus' time. Therefore, True Parents could be successful. Do you understand? That is why we can begin a new era. Isn't this a joyous thing?

Gain spiritual strength

Wherever you are, please go to Cheongpyeong often. The Cheongpyeong Training Center is a place where you can develop and bolster your spiritual and physical health; being there can help you to develop a mature spiritual body. Thus, please go there often and liberate your ancestors. I am letting you know that that place can help you follow the way of the will on your own and in a healthy state. Therefore, to center on the Cheongpyeong complex, all organizations will move there; furthermore, the Sunhak Institute of History will be there. Not even Vatican City has this. There is even a university there, Sunhak UP Graduate School. There is a [combined] middle and high school; it is the best in Korea. We also have a preschool. Before coming here, I directed them to pursue what has been planned. Many buildings will be erected. It is not easy to develop

because it is a forested area. We are doing it appropriately, making a beautiful environment while preserving the forest.

Your responsibilities

What is America's mission? You proudly say in front of the world that you are the eldest-son nation. Becoming the eldest-son nation was possible because Heaven blessed your ancestors, the Protestants. Why did he bless them? He blessed them in order to create an environment in which the returning Lord could work. Rather than the system of royal authority, the returning Lord would have been able to work better with democracy. Jesus Christ, who came to ancient Israel, could not establish a nation upon the Roman monarchy. Yet Heaven must be successful. If the returning Lord, the Messiah, did not plant his feet there, on earth, human beings would have no hope. God's hope and the hope of each human being is to transform the world into one that is free and peaceful. They want to live happy lives.

However, within Satan's system are many mountains, which is why

- ① Rev. Jesse Edwards, with his wife Rev. Tanya Edwards, giving the opening prayer
- ② Samia Burton and her husband Danny Lee Burton, member of the US House of Representatives for the State of Indiana (1983–2012)
- ③ Ye Jin Moon and Prof. Yeon Ah Moon
- ④ True Mother speaking at the victory celebration
- ⑤ Dan Fefferman and his wife Susan singing a song Dan wrote as a young member
- ⑥ Prominent figures in FFWPU in the United States gathered around Regional President Kim for a commemorative photograph

Heaven—having the ability to pave a course allowing all to climb those mountains and reach flat land—took the side of democracy, whose adherents believe that God exists. The best example of this is America. Therefore, America should be aware of the returning Lord and attend him. In relation to the returning Lord, America has only received. She is indebted. If you are in debt, you should repay it, right?

Here is one example: I was born in 1943, and given that Korea's liberation came in 1945, it follows that Japan occupied Korea until I was two years old. Conditions for Japan were then





unfavorable. At that time, to launch a final strike against the United States, they needed to make weapons and other matériel, so they collected all of Korea's iron and everything of that nature. They took all of Korea's fortune. However, I was born, in 1943. I dreamed that all the things that Japan stole from Korea during that time came across the East Sea and kept piling up in the yard of the home where I was born. What does this tell us?

According to the principles of indemnity, if something was stolen it should be returned, it should be repaid. You should repay it many times over. Even just looking at this, aren't I the only begotten daughter of God? Heaven is fair. God is the rightful owner of this entire universe. Satan stole it and made it his, but that possession has to be returned to its owner. It is the same for America. It should return all nations to God. Isn't that so?

That is why perfection is impossible while ignorant. The people need to be aware; they need to learn. In that regard, now that more than forty years have passed, you have all grown up. You have grown and matured. To be a perfected child, shouldn't you be in the position in which you are aware of and can help deal with your parents' situation and fulfill your parents' wishes? In light of that, True Parents blessed America as the eldest-son nation. The world has more than two hundred countries. In relation to True Parents, they are all in the sibling realm. America's politicians only want their own nation to prosper. If America continues on this path, it will be isolated.

In a family with many siblings, if

greedily one of them were to try to keep everything for himself, the other siblings would not like it. They would exclude him. You need to understand this. You have the responsibility of God's right of ownership temporarily in order to cultivate it, so that God can utilize it on a greater scale. Being in that position, you should not think of only yourselves.

Our foundation is growing

Thus, we are developing many projects with good potential. We should show these to the world. I am moving forward based on Cheon Jeong Gung and the FFWPU International Headquarters in Cheongpyeong. We are working within one system. Hence, I told David Eaton, "Come to Korea. I will give you a position, so please become the central person for completing and organizing everything music-related produced over the course of our Unification Church history."

Members around the world wrote many songs with True Parents in mind. Dan Fefferman sang one earlier. We need to hunt for many similarly deep and meaningful songs. This will be a revolution within the culture of heart. We need to become the best in these areas—the best in music, the best in art. I will make this happen. Therefore, you need to know that if you unite centered on True Mother, only good things will happen.

Having confidence about these things is also a blessing that Heaven acknowledges. In short, we are happy people. At the Aloha Workshop, I said to the third-generation members, "You are the world's pure water." The blessed members of the Unification Church are pure water within this

fallen world. As more pure water is on earth, the rivers and oceans become cleaner—people who are not pure can become pure. Do you understand?

Multiply purity

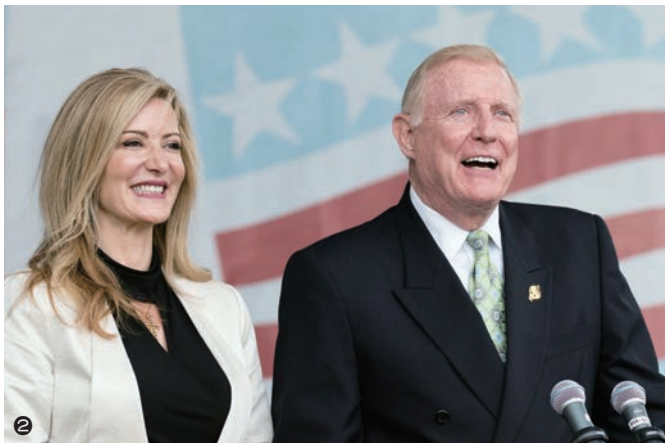
You do not realize how valuable each person is. Every day I say this: I am the True Parent, the True Parent of 7.3 billion people.

All 7.3 billion people need to know True Parents. Our blessed members have to take responsibility over this mission. That is why many in our second and third generations are working as special envoys all over the world across five oceans, on six continents. Through them, pure water is increasing. Therefore, the way you live your lives should not create dirty water that clouds the pure water. That is why I gave you the four great holy items, on the Holy Wedding anniversary.

Regarding where Heavenly Parent resides, to go there, you need a certificate for having lived a life that casts no shadow. Do you know how indebted you are to receive this grace in this age?

Ban Ki-moon, secretary-general of the UN, should make a foundation. Okay. Heaven, quite profoundly and mysteriously has prepared many things for us for this time. Whenever we think of our Heavenly Parent we should say thank you: In this era, we have met True Parents and are blessed to have the True Mother. Thank you for True Parents who have opened the way for Heaven to embrace me. Thank you that I have become someone who can go in front of Heavenly Parent. We should begin every day by saying thank you. 7P

GOD BLESS AMERICA FAMILY FESTIVAL





- ❶ True Mother speaking to the thousands of assembled members
- ❷ Dan Burton speaking to the audience with his wife Samia by his side
- ❸ Dr. Kim Ki-hoon, regional president of North America, speaking from the stage
- ❹ Tom McDevitt, chairman of the *Washington Times*, speaking from personal experience about the 1976 rally
- ❺ Archbishop Stallings encouraging the crowd
- ❻ University of Bridgeport President Salonen relating his 1976 experience
- ❼ Recognition from the president of the Bronx, the borough of New York City where the Yankee Stadium rally took place in 1976
- ❽ Onstage with Mother: Dr. Shimmyo, UTS president (1994–2000); Tom McDevitt, Dr. Kim and Patsy Casino, who performed with Sunburst at the rally in 1976
- ❾ True Mother giving an original Yankee Stadium rally button to Alan Wilding, a representative recipient among those who worked on the 1976 event.
- ❿ Soulful singers had everyone on their feet and clapping.
- ⓫ The diverse members of the American movement came together with one heart to celebrate with True Mother.





In front of the new Yankee Stadium, members shout out with renewed determination to awaken their fellow Americans to their god-given mission.

Yin and Yang Connect across Forty Years

By John Arias

Internal preparations for the fortieth anniversary of the Yankee Stadium rally started early in May 2016. More than a hundred members participated in the District Two Weekend Family Workshop at the Unification Theological Seminary in Barrytown, New York. District Two covers all of New York State including New York City.

At our seminary, they read excerpts of “God’s Hope for America,” the speech True Father gave at the Yankee Stadium event and heard

testimonies from some of the members who were present on that historic day. With a mix of tears and joy in their faces, John Kung, Yorg Heller and his wife Ayako shared how June 1, 1976 became one of the most unforgettable days of their lives. Without noticing it, most of those listening to them (too young to have been called by God in 1976), felt their experiences as if they were their own. God had purposely prepared a sequence of events for them to inherit the victory of that incredible day.





Through those testimonies, the desperation members experienced when the storm blew from the field the balloons and large cutout letters that spelled God Bless America was clearly felt. The listeners could viscerally experience how with tears they had asked God to have mercy on them and stop the rain, until one of them began singing “You are my sunshine” and the rain stopped as everyone in the stadium joined in the singing, holding hands. With smiling faces they saw the sun come out and the stadium fill up with people wanting to hear Father’s message.

A modern-day rally

On May 28, centered on local New York pastors, the Unificationist community participated in a rally outside the new Yankee Stadium, across the street from where the one Father spoke

in once stood. There, brothers and sisters sang “God Bless America” as they held a banner that read, “America is God’s Hope.” It was an opportunity to connect with the historic site and show appreciation for their support for God’s providence to the people of the Bronx, the New York City borough where Yankee Stadium stands.

The anniversary

The forecast called for stormy weather throughout the day of the main event, Sunday, June 5. Despite the forecast, thousands of brothers and sisters came to Belvedere to celebrate with True Mother the fifty-fourth True Day of All Things and the fortieth anniversary of the Yankee Stadium rally. Some arrived early and joined a guided tour around the premises of the beautiful Belvedere Estate or went to pray at the Holy


Rock, where True Father had offered so many early morning prayers.

The program started with music and a video of the Yankee Stadium rally. Some members then shared memories of that day. Finally, we welcomed True Mother to the stage. She went right to the point: “America is a chosen and blessed nation of God,” she said with a loving smile, “yet, somehow, America is in danger of losing its blessing. Most of the problems of 1976—youth immorality and family breakdown, secular humanism and individualism, and the declining influence of true religion—are all problems today as they were then. America needs to realize that it must unite with True Parents, sent by God as the returning Messiah and the parents who can bring the divided human family back together again!”

Rainfall

Once True Mother finished her message and left the stage, the rain, which had held off until the last moment, started to come down hard. This time, the members’ effort to stop the rain by singing “You are My Sunshine” was in vain; the rain just would not stop.

“It is as if God was making sure we never forget this day,” said Ruth Mamami, member of the New York Latino Ministry from underneath her umbrella. It was clear the forty-year cycle was rounding up, starting with the rain ceasing as True Father began his speech in 1976, and ending with True Mother’s speech and the subsequent rain forty years later. In a perfect circle, yin and yang, the weather dynamics gave evidence of True Parents’ complete unity.

As the festival came to its conclusion, despite the rain and with joyful hearts, brothers and sisters found their way to the food vendors and the children to the ponies and the bouncy castles. It became evident that the occurrences, starting from the weekend workshop at UTS and ending at the festival in Belvedere, were part of a heavenly plan intended for Unificationists to inherit the victory of the Yankee Stadium rally. What an awesome experience! 

Rev. Arias is the Latino Ministry pastor for New York City.



- ① Father and his translator Dr. Pak Bo-hi
- ② Singing "You Are My Sunshine" in an effort to quell the raging wind and falling rain
- ③ The nation was celebrating two hundred years since the Declaration of Independence, which famously averred "We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness..."

PUTTING THE 1976 YANKEE STADIUM RALLY INTO PERSPECTIVE

Three Veterans Speak Out

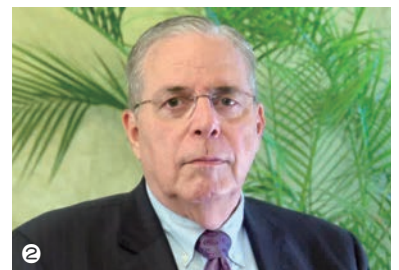


Hugh Spurgin, president of Unification Theological Seminary

Can you please share your impression of today's event with us?

We are here at East Garden celebrating with True Mother the victory of Yankee Stadium forty years ago. Forty years ago, True Parents came to America when America was in serious trouble and decline. With Madison Square Garden, Yankee Stadium and the Washington Monument, and what was called the God Bless America Festival, True Parents brought a completely new awakening to America, bringing a completely new spirit of the founding fathers to America to revive this nation and bring victory.

Now after forty years we are here celebrating with True Mother the great victory of Yankee Stadium. There was difficulty. It was stormy, the wind was very strong, the rain was a thunderstorm, very powerful. It was very chaotic, but in the midst of all of that, True Father achieved a great victory at Yankee Stadium and



- ① Hugh Spurgin
- ② Neil Salonen
- ③ Thomas P. McDevitt

was able from there to go on to Washington Monument and the culmination of the fifty-city tour.

We are simply grateful to be alive today, here with our True Mother celebrating that great victory of Yankee Stadium. Yesterday, we had hundreds and hundreds of people here celebrating with our True Mother. True Mother gave a powerful message about the only-begotten daughter and the reality that she is on earth and True Father is working through her. True Parents are on earth to bring a new awakening, a revival, of the American spirit.

I was present at the Yankee Stadium rally in 1976. I was a member of the first class of the seminary, the Unification Theological Seminary, and for six weeks every three-day weekend we would come down to New York City to prepare for the rally. All of the students and staff of the seminary came down. We were present during that exciting period of preparation, and then came the actual event.

The storm that came surprised us. True Parents were determined. They did not give up and we achieved a great victory. When our members began singing "You are My Sunshine" with over two hundred parents and Yankee Stadium full of people, the rain stopped. True Father was able to give his message of a new beginning for America and ended with the God Bless America theme.

We are just excited that forty years later we are able to celebrate now with our True Mother who is on earth.

At Yankee Stadium, True Father's message was about the first great awakening before the American Revolution, the second great awakening before the American Civil War and how the True Parents in the 1970s were bringing a new revival, a new awakening to America, which I call the third great awakening, in which they had the mission to bring about the end of communism and freedom and glory for people all over the world.

True Parents' message at that time in the 1970s is also relevant today because America was in trouble, in decline. In the 1970s, there was much confusion among people and True Parents were able to right this ship and give direction and guidance for



Cameraman Ken Owens follows behind Father and Dr. Pak Bo-hi at the Yankee Stadium rally. He had been asked on that occasion to serve as an additional "shield" for Father in a volatile atmosphere that might become hostile.

the American nation. That is what we need again now.

Centered on our True Mother is a new part of the third great awakening to bring about a revival in America of that original spirit of the America founding fathers.

So that day is coming right now in the same way it came in the 1970s with a whole new generation of young people responding to True Mother's message. As we could see yesterday at the victory celebration, many young people were there inspired by True Mother's message to bring a revival to America.

What do you want to say to young people or to those in future generations?

I want to say that there is hope in the midst of the confusion of this world, in the midst of turmoil where people do not know what to believe. In the midst of all of that, a new movement is coming centered on True Parents with True Mother here on earth to lead the way for America and

the world. Most importantly is that young people need to realize that the mission of America is to serve the world, not to be selfish, not to be greedy, not to be self-centered or nationalistic, but to think about people all around the world, and all the suffering that people are going through, the refugees and people from different war zones. America and especially its youth need to help centered on this new religious movement, centered on our True Parents.

Neil Salonen, president of the U.S. Unification Church in 1976

Please tell us about the preparation for the rally.

When True Parents came to the United States in 1972, Father consistently spoke of his mission to wake up the nation to its



True Father conveying his message with all of his heart and sincerity, striving to awaken the America people to their role in ending communism and bringing peace and freedom to all people on earth

responsibilities. The times then were very different. There was still the great challenge of world communism, which worried many people, the sudden explosion in the use of drugs and free sex and a decline in the strength of churches influencing governmental policy. He wanted to call people to their moral responsibilities. America had had such great material blessings, not just for its own sake but for the purpose of helping all the other peoples of the world. He traveled to every state in America giving his speech, "God's Hope for America." He was strong. He was hopeful. He was inspiring.

People little by little began to feel the intensity of our national purpose. All of this came in 1976, the bicentennial, two hundred years since the American Revolution. The Yankee Stadium rally was meant to be the national culmination of four years of evangelical reaching out.

We were inspired. Not only did we prepare for the rally but also in preparation for that—through the efforts of

many of our members here in New York—we made uniforms with God Bless America on them and we went out and voluntarily kept the New York City streets clean. It is very simple if you think about it. If everybody were to clean the streets in front of their houses, we would not have any problems on the streets. Yet everybody must do his part and must trust that everybody else will do his part. Even my daughter who was two years old at that time had a little God Bless America uniform and we went out to clean the streets. It was in the newspapers; it was everywhere.

As we came up to the Yankee Stadium event, we were optimistic that the whole nation would suddenly recognize their responsibility.

What was Father saying? How did True Parents prepare for this?

He was consistent. In fact, that was one of his great strengths. I think we all recognize that when we think about our relationship with True Father. You knew what he

stood for. More than that, we know there are still things within ourselves we need to improve. He was very strong in reminding us of the areas we had to repent for and how we had to strengthen ourselves. Behind that, we always felt his love—actually representing Heaven and that Heaven wanted us to succeed. We just had to do our part. He was consistent in saying that it will not happen if you make a partial effort; it won't happen if to do a little bit. You have to give everything you have! Then, miracles can happen because that's the foundation upon which Heaven can move.

At that time, every day I was exhausted, but I also remember being absolutely happy because all of us were putting everything we had into calling America to its national responsibility.

As MC that day, how do you feel the audience responded to True Father's message?

I always felt that people who came had a transformative experience. He could connect even with a large group, those they could not even see him well. They could feel connected as one. The issue was never could we inspire the people who came, the issue was did we do a good enough job to bring enough people.

People are talking, as we think about the fortieth anniversary, that in some ways while we were very hopeful and our movement was very optimistic at that time, many things have happened in the last forty years. The world is at a very challenging point. The threat of communism is gone, but idealism seems also to have disappeared. People are leading very selfish lives. Politics is no longer collaborative; people are kind of fighting against each other. The hopefulness of different religious realms working together has turned into almost a fearfulness, where you have some people talking about their fear of Muslims, of their fear of radical Christians.

In some ways, people think we are not in a good moment. I see it differently. You have to come to the breaking point for people to realize that something must dramatically change. That is why some of the political candidates—even outrageous ones—are getting support

because people want to see change. In some ways. Things have to go down pretty low before everyone is open to the idea of trying a fundamental new approach.

In some ways, it was like that forty years ago. I think that we are at a very similar moment now from some points of view. We have an opportunity to relaunch the spirit of the Yankee Stadium crusade and we can do amazing things.

True Mother came at this time to celebrate the anniversary.

We are aware that when Father went around the United States, when True Father spoke, he did not go alone. True Mother was with him every step of the way. Because we were young and inexperienced, I am sure he must have had to fight against feeling discouraged, but Mother never was—never. Mother consistently supported him while nurturing us. We did not pay enough attention to it at the time, because he was such a strong presence, but she was also an important influence. Her being here for this celebration reminds us of the consistent passion and desire that Heaven has for America to wake up to its responsibilities. Her being here will be a great help in our being able to strike that spark.

Tom McDevitt, chairman of the *Washington Times*

Can you please tell us of the background of the rally as well as the role you played?

In the sixty days before Yankee Stadium, we were all witnessing. So many members came from all over the world, especially brothers and sisters from Japan—so many sacrificed—and from Korea and Europe. We all worked together—black, white, yellow. We were young, Father was inspiring us, we were like an army but we went out for goodness, not to hurt anybody. We would sweep the streets in Manhattan and there was a lot of crime at that time. We would go out and sing. The Go World Brass Band would march through the



"Soldiers of the truth called by their God on high..." Members had come from many nations to work hard and offer their support for True Parents at the Yankee Stadium rally.

streets; we would have parades.

We made a sixty-day condition to go out and knock on doors and confirm, at least three or four times, that people would come to the Yankee Stadium. We were confident. Father told us all the time how important this was. Life or death; it was life or death! So sixty days before... I'm reading from *Chambumo Gyeong*, "Starting today," this was April 1, "We will initiate a national witnessing revival for sixty days to support the Yankee Stadium rally. How do you take part in this? Live as if you represent six thousand years of history; live to restore Adam and Eve, who fell. You're going to indemnify [all this]." (*Chambumo Gyeong*, book 6, chapter 2, section 5, verse 5)

Our mindset was profound, even though we were young. Father was educating us, we were motivated, united. Mr. Kamiyama was the leader of the mobilization. Dr. Salonen was the national president. Dr. Sudo, Rev. Vincenz—we had great leaders. But

our mindset was that Yankee Stadium was going to be like the rock for David and Goliath. It was going to knock out the evil world and lay the groundwork for Washington Monument. So much was on the line. *Chambumo Gyeong* is great. The directory tells you when he said things. Go back to one or two days before Yankee Stadium and you can see how confident Father was, how confident we were.

When the actual event came, it was dramatic. It was cosmic. We had so many members there to prepare and to witness. On the day of the event, the band was playing and we were singing songs. I was in the role of a coordinator for the Barrytown trainees; the first class of UTS, so many great people. We were singing patriotic songs with the Go World Brass Band. The rain started to trickle a little bit, the wind started to blow and the clouds came. I remember it looked as if dark clouds were pouring into this big bowl. I never forget that; it



was getting cold and dark and windy. All the displays were being blown apart; and then the rain came, and it really came.

We did not know what to do and yet every member was united and determined. We knew how important this speech was, especially how important Father's message was to history. We could not let anything block it. The trainees were there and the inspiration came: Let's sing "You Are My Sunshine." So, we started singing. They were used to me getting up and leading the songs, so I got them started and then ran to where the band was with Kevin Pickard who had his trumpet and the Go World Brass Band. The New Hope Singers came out, too, and started singing. They had big microphones of course. Soon, the whole stadium started to sing and rock and they just did not let go.

I heard the people singing with faith, kind of beckoning God to open the skies. I don't know if the singing

really changed the weather, but the weather changed and the sun came out. It dried out and it was calm. Most importantly, Father came out, True Mother was there, and he gave truly one of the greatest speeches, I think, of human civilization. I love reading it, especially in today's environment in America, in Korea, Japan and the world with all the problems we are facing. Go back and read that speech. Make it your own speech, so that we can own True Father's words as our own narrative.

It was a great victory. Like a crucifixion and resurrection. That is my memory of the most significant holy battle that we won victory in centering on True Parents.

What was the environment like around the time of the rally?

In 1976, we had the tail end of the impact of the Vietnam War. President Nixon had resigned over the Watergate issue, and the country was in a very difficult financial situation—

the gas crisis. There were racial issues, and the impact of the radical left, communist infiltration and ideology was everywhere and the media tended to be left wing or biased toward a blame-America-first mindset. National leadership was unclear.

That's why when True Parents' came in the early 1970s, with the Day of Hope Tours, they went all over the country to give a message to wake up Christianity, which was very bold. It was well received in the beginning. Then people began to see that our movement had substance; our young people were committed. We were clear. We were smart. We knew how to communicate. We were united with True Father and True Mother. They are Asian and were preaching and teaching us an ethic of pure love and no sex before marriage, no drugs, no alcohol, so it was a pure movement, and our young people at that time were on fire. They really were on fire.

People became afraid I think. They could not understand it; maybe we did not do a good enough job at reaching out and communicating. The tensions were building up. Groups both on the left, the communist side, and Christian brothers and sisters could not understand, did not understand, did not want to take the time to listen. What was he saying? What did the Principle really say? How did it apply? Organizations were demonstrating outside Yankee Stadium that day. I remember it clearly. Threats had been made to Father's life, Mother's life. Again, look in *Chambumo Gyeong*, the record is here. The problems of security... Some people didn't want Father to be around and he said that because of the rain some people that had ill intentions gave up that idea—thought that Yankee Stadium would be a failure.

It was a great victory because of True Parents' incredible boldness and providential wisdom and the unity of our members to unite and support and lift up Father so that he could give that message. It was unlike the time of Jesus Christ when people didn't unite and called for him to be crucified. The opposite occurred. The stadium wasn't entirely full, but almost full, but it gave us burning desire to move through the summer into Washington and make Washington Monument an unquestionable success in the eyes of the world. ☞

How I Joined the Unification Church

At Home In the Land of the “Sound of Music”

The author, who joined our church in February 1976, now lives with her husband Milos Klas (6,000-couple blessing group) and their son in Slovakia.

By Barbara Grabner

I grew up in a village south of the picturesque town of Salzburg, birthplace of the world-famous composer W. A. Mozart. If you have seen the movie “Sound of Music,” you have seen the environment in which I spent my childhood. I climbed many of the mountains depicted in the movie during my youth. Our village priest, who presided over the wedding of the Trapps, encouraged us to watch the movie when it came to our local cinema. I was ten years old at that time, but I did not see the movie until after I became a Unification Church member in 1976.

I was born on December 17, 1955, two months after Austria became free of occupation by the Allied troops resulting from World War II. Germany had annexed Austria in March 1938 and initially Austria shared Germany’s punishment after her defeat in 1945.

From 1955 onward, the Austrian nation experienced a remarkable rebirth. Most Austrian members were born within the decade or so that followed, which happened to be the time when Korean Christians mercilessly persecuted True Father. Perhaps God tried to secure the providence by creating future followers in Europe?

I think my parents were destined to meet for a higher purpose; both were believers as well as intelligent and hard-working people. Yet those in my father’s clan were too softhearted, while those in my mother’s clan were intolerant of those outside their own religion. Neither side

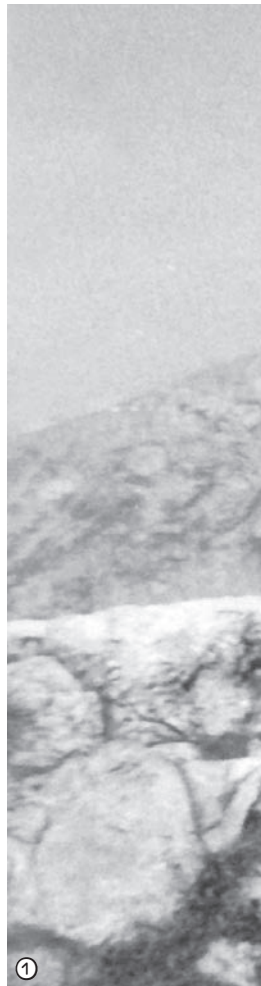
alone would have provided the fabric for a pioneer of the new age.

Both my parents attended Sunday service and visited the church for additional devotions. My mother and her father had spiritual encounters with people who had died. Grandfather had an incredible encounter right after World War I. One evening he went outside the farmhouse and looked at the surrounding mountain ranges. Apparently, he then received a revelation. He went inside and told his family, “Now Christ will come again!” His statement left them puzzled. My mother never understood her father’s proclamation, and she rejected Rev. Moon until the end of her life.

Spiritual awakening

I had my first religious experience around the age of four or five. Suddenly I noticed the crucifix in the corner of our kitchen. I asked my father what it was. He explained that the man hanging on the cross was a very good man—God’s son—who helped others and healed many people. Alas, evil people tortured him and nailed him to the cross.

My father showed me where the nails had pierced Jesus’ hands and feet. My young mind was so upset—such an injustice! I begged my father to take the poor man down from the cross on the spot. My parents were unable to calm me down. Finally, they found a solution: We shall take him down next time we paint the



kitchen, they said.

I was satisfied, because I thought this would happen soon (in reality it took years). When I became older, I was still unable to perceive Jesus' death as having been destined by God despite Catholic Church explanations.

Immersed in scripture

As soon as I was able to read fluently, I started to study the Bible on my own. As an only child, I often felt lonely; books became my best friends. The stories of young Samuel, of the battles of David, and others deeply inspired me. I enjoyed reading the dramatic accounts in the Old Testament though some of the material proved impossible for me to understand. Reading the Bible was rather unusual for Catholics; believers relied instead on explanations by priests or on the Catechism.

At the age of nine or ten, I started to have special dreams. One night, I saw stars circling on the roof of our house and mysterious fiery signs in the sky. I was excited, because I thought that the Last Days had arrived. I called my mother to look at these signs but she did not see anything. Her reaction disappointed me. In

colorful dreams, I would move above the ground as if swimming. The most dramatic dream was of the Devil celebrating mass clothed like an altar boy. In the dream, as soon as I discovered the devil in disguise and told my mother and others about it, he turned around and chased me through the whole village. This race for my life ended in our parish church. Many years later, I understood the meaning—that I should be watchful because Satan had invaded the church.

My religious fervor intensified when I watched the movie "Quo Vadis," which depicts the persecution of Christians in ancient Rome. I started to read the book and wondered if I would be willing to die as those people had. To endure martyrdom became for me the ultimate test of faith. I imagined myself going through various kinds of torture, such as being roasted alive or facing lions. I always worried about my capacity to endure pain. In high school, I was exposed to various materialistic points of view, such as Marxism and Darwinism. How could I defend the faith and prove that God really exists and that the Bible was a superior teaching? I wanted so much to open the mystical scroll



- ① As a teenager, Barbara often went hiking through the mountains with her mother
- ② Barbara's First Communion; her parents are in the back.
- ③ Barbara with her husband Milos and son Laurenc during the Blessing of Ancestors in Poland in 2002





With guests who came to listen to her lecture in the local museum in her hometown in July 2015

sealed with seven seals. Our priest suggested I read theological literature but it did not satisfy me. Eventually, I was ready to change my denomination if some other faith could help me.

First encounter

At the age of twenty, while working as a kindergarten teacher, my friend Brigitte introduced me to the Unification community in Salzburg. During the first lecture, I became so inspired about the explanation of the relationship between God and human beings that I felt as if the gates of heaven had opened. Finally, God had answered my prayers and questions! I was an impatient listener who wanted quick, logical answers. I gave the lecturers a hard time. After the fourth lecture I felt that either this was a pitfall or a new revelation. I asked, Who is the author of this teaching? Is he a prophet? Where does he live?

The lecturers told me, You will hear about him in the final lecture.

I exclaimed, Why later and not now? The center leader decided to take a short cut and drew the parallels of history on the blackboard. I smiled broadly when reading the dates 1517–1917. The leader was pleased with my response, and with a gentle smile, she gave me a picture. I was flabbergasted—the picture showed an Asian family, casually dressed and sitting on a sofa. I thought, This man looks more like some Protestant minister—not like a messiah.

Fortunately, I remembered the problem of John the Baptist. Oh, well, let us give this man a chance, I told myself. I told the members I would continue to study the teachings.

The next time I came, they led me to the study room and gave me a book written by Dr. Young-oon Kim, introducing the Divine Principle revelation. When I read the passage about the similarity of the time of Jesus' birth and the Second Coming, I started to smile about this "nonsense." In the next moment, I was stunned. I saw Jesus pass through the room, saying, "I am in this place!" Then he disappeared through the walls as he had entered. A wave of peace settled around me.

In the following days, when I knelt down to pray, asking if this was really the truth, ringing from all sides came, "Yes! Yes!" and God chastised me gently, "Why do you ask me again? This was my answer."

From that time on, I started to study with a calm mind and the assurance that God and Jesus had led me to this place. The following weeks I felt liberated—my search for meaning had arrived at its final destination!

In 1976, the movement suffered severe persecution; bad rumors swept through my hometown. I responded to the attacks with the words, I shall leave if I find out that this teaching is wrong. Despite my watchfulness, I became increasingly convinced over the years. It was not people who convinced me, but revelations given by Heaven. A few months later, I was lucky to participate in the campaign for the Washington Monument Rally and met my savior in person. *✍*

Mrs. Grabner is the author of Mission Butterfly based on testimonies from missionaries, which she began collecting in 1995.



Angels of Peace performing for a Russian audience

Angels of Peace

The Hearts of Children Are a Peaceful Bridge between Nations

By Maria Gabriella Mieli

The idea of Angels of Peace, an ensemble of children, was conceived inside the Women's Federation for World Peace—Russia. Founded in 2008 by Olga Vakulinskaya, together with a group of mothers, members of the federation, it has grown thanks to the determination and dedication of these women, who have been investing time and resources for its development. The idea is to form in the children who participate a spirit of attention to others that is translated into a real service to society. This is essential in the light of the WFWP mission to develop projects for peace, moral and family education and solidarity initiatives. With the spirit of breaking down barriers and fostering

reconciliation, the Angels of Peace have led Bridge of Peace Ceremonies between Russians and Georgians, Russians and Belarusians, and Russians and Ukrainians. With the desire to bring joy to those who suffer, they organize shows for children and adults with disabilities, the elderly and war veterans. In 2012, they received the gold medal at an international festival in South Korea and joined in an artistic Bridge of Peace Ceremony with the "Little Angels," the famous ensemble of Korean children, performing both for each other at their prestigious school. The performances of the Angels of Peace gather the sounds and colors of the great Russian tradition with its dances, from Caucasian to that of the Tatar,



the Scarf Dance, its folk songs and the notable popular songs in the world, such as “Katyusha” and “Moscow Nights.”

Angels of Peace in Piedmont

This was ten days of maximum effort, fun and an expression of great love and respect for Italy. We had various aims in bringing the Angels of Peace to Italy. First, to reaffirm the historical bond between the people of Russia and Italy, by letting song and dance, a common language to all cultures, touch people’s hearts through the purity of children. It is an effective way to build bridges and break down barriers to peace. In addition, we wanted to connect the ensemble with Italian children and young people eager to learn about the roots of different traditions going beyond cultural and language barriers. Not least of all, we wanted to show Italy the beauty of the Russian culture and traditions. Too often in recent years, Russia’s image in the media has been that of a military and economic power, neglecting to make known the beauty of the heart of the Russian people. The two sponsoring organizations of the initiative have given valuable opportunities to children and young Russians and Italians and their families to meet and go beyond cultural exchanges to build peace through art, but also to be in peace by engaging together for the sake of others.

- ❶ The audience’s view of a performance by Angels of Peace
- ❷ In the Piedmont Region of Italy, which borders Switzerland and France, with Dr. Giovanni M. Ferraris
- ❸ In the guise of Gianduja, Giacometta and the Giacomette, iconic figures of the Piedmont region
- ❹ Experiencing the local culture, the dancers view masterpieces of the Hermitage, the legacy of Catherine the Great

Turin and its valleys

The Angels of Peace visited Turin and its surroundings from April 26 April–May 6. Eighteen young people between ten and fifteen years (thirteen girls, five boys) led by ten leaders, mothers and fathers, including the founder and artistic director, Olga Vakulinskaya, president of WFWP Russia, and the director of the choir, Liubov Smirnova.

The organizers of the Italian tour were Maria Gabriella Mieli of WFWP Turin and Italy and Sergio Coscia of UPF Turin. To support the project with great enthusiasm we were assisted by other local associations, including FFWPU, whose many volunteers hosted the children in their homes, and the Italo–Russian Cultural Association “E Ora?!” (And Now?!), which helped in accompanying them and took the lead in guiding the tours around several museums. Kate Veshkina, the president, also collaborated in co-presenting the shows.

Local associations supported the project with great enthusiasm, including FFWPU, whose



many volunteers hosted the children in their homes, and the Italo–Russian Cultural Association “E Ora?!” (And Now?!), which helped in accompanying them and took the lead in guiding the tours around several museums.

Various families hosted all the Russian guests. Both young people and adults were able to experience the warmth and embrace of the Italian people. In particular, the younger ones, in their reflections, expressed their gratitude for having felt “at home.”

Three performances of traditional songs and dances were matched to the same number of solidarity activities in the territory. At Bruzolo, in the Susa Valley, thanks to the collaboration of the municipal officials, including Mayor Chiara Borgis: we raised funds and donated to a fund in support of the weaker sections of the city. For the show a large gymnasium was made available, where the Angels of Peace made their Italian debut. Local families also offered dinner to all the participants.

Second and third shows

The second show was held at the Teatro Murialdo in Turin to celebrate the hundredth anniversary of the Parish of “Nostra Signora della Salute” (Our Lady of Health). With the parish priest, Father Augustine, we decided to donate the funds collected for needy families who attend their parish.



Fittingly, the students and teachers of the school they visited welcome the Angels of Peace musically.

The third show was organized at “Casa del Teatro Ragazzi e Giovani” (House of Children and Youth Theatre) granted by the City of Turin. The funds were collected for Casa UGI (Italian Parents’ Union Against Children’s Cancer) an excellent facility that houses children in cancer treatment and their families, from all over the world.

Various institutions also received the Angels of Peace well. At “Palazzo di Città,” headquarters of the Municipality of Turin, they met Dr. Giovanni Giovannetti, the mayor’s spokesman, and International Affairs, Cooperation and Peace staff members with the director, Dr. Fortunata Armocida, her collaborators, Dr. Francesca Marceddu and Dr. Maria Bottiglieri, together with a Councilor of Piedmont Region, Dr. Giovanni M. Ferraris. Here the Angels, who were welcomed in the Hall of Columns, performed their repertoire of Russian Folk songs.

At Palazzo Lascaris, the headquarters of the Piedmont Regional Council, there was a very intense and exciting meeting with the president of the Regional Council, Dr. Mauro Laus, and his spokeswoman, Dr. Maria Grazia Grippo. President Laus shook hands with all the components of the group taking interest in their activities and in the projects of WFWP and UPF, then asked for a small exhibition. At that point, the Angels offered Russian songs followed by the Italian national anthem, to the great surprise of the president. This moved his heart.

Another significant meeting took place at the headquarters of “Famija Turinèisa.” The presi-

dent, Daniela Piazza, together with Gianduaia and Giacometta, the historical Turin masks, welcomed the Angels of Peace. This association was founded in 1925 in a beautiful historic building where we organized an artistic Bridge of Peace Ceremony between the Angels and the Giacomette, the folk group of girls dressed with the typical costumes of the florist ladies of eighteenth century. The Giacomette performed for the Angels the traditional “Monferrina.” At the end of the show the Famija Turinèisa offered everybody the typical “Merenda Sinoira.”

Among the different services, the Municipality of Turin offered was a walking tour of the city including a visit to the National Cinema Museum and the Mole Antonelliana. In addition, there was a tour of the National Automobile Museum; here the group had fun taking photos near the carriages, the prestigious Italian cars of last century as well as Ferrari and several race cars.

Dr. Guido Curto, director of the Museum of Palazzo Madama offered a guided tour of the Museum, which is currently hosting seventy masterpieces from the Hermitage Museum of St. Petersburg. What touched people most in this experience was the intercultural and educational encounter. The prayer with the Catholic priest of Nostra Signora della Salute and the meeting with Father Ambrogio from the Russian Orthodox Church of Moscow Patriarchate were memorable as well as the visit to the Synagogue of Turin ended with a moving



The Angels, with the teachers and the students of class 1C

prayer hand in hand offered by Olga in Russian, Ruth in Hebrew and M. Gabriella in Italian.

Among their peers

What involved the children more was the meeting at the schools; we had three beautiful opportunities. The first was at the Russian school Azbuka, where the children of Italian-Russian families meet weekly to study Russian. Here, the Angels of Peace, divided into groups according to their age, were included in the different classes and interacted with their Italian peers speaking in Russian. In the end, they all met in the Great Hall for the show. The Italian children offered the anthem of the Russian school and a pleasant scene, while the Angels performed their traditional repertoire. The audience was composed of many children and their parents, fascinated and moved by the show.

A middle school


The second meeting was held at the Middle School Matteotti of Turin. After the musical entertainment, offered by some Italian students, the Angels of Peace played in the schoolyard, where more than four hundred children attended. The mothers of the students of Class 1C prepared and offered lunch, and in the afternoon, the Italian pupils accompanied the Russian boys in an orienteering trail in the school's park. The Matteotti Institute, two years ago, won the national first prize in the discipline of orienteering. After other games together and interviews

for the school newspaper, the leaders of the Italian and Russian WFWP held a Bridge of Peace Ceremony, involving children, parents and teachers and thrilling all.

A Jewish School

The last meeting was held at the Jewish school Artom-Colonna and Finzi, thanks to the collaboration of Carola Ovazza of the Jewish community and the headmaster of the school. The Italian children met the Angels of Peace offering songs of the Jewish tradition, listening to the songs of the Russian tradition, singing along with the Italian National Anthem, requiring the Russian National Anthem and offering the Israeli National Anthem. At the end of the show, which was attended by about a hundred and fifty children, WFWP organized another ceremony, a Bridge of Peace between the Russian children and those Italian Jews, which touched everyone. In total over a thousand two hundred people attended the shows of the Angels of Peace in this intense Piedmont program.

Bridge of Peace Ceremonies

In the distant past, Italy and Russia were on opposite sides during the years that Italy sided with Germany in World War II. The Angels of Peace, with their pure hearts, being beautiful children who think and see only peace, helped build a beautiful Bridge of Peace Ceremony between our nations. Thank you, Angels, you have left a deep imprint in our hearts! 

Recognizing the Efforts of Students, Teachers and Donors

A Syrian Refugee School in Lebanon

In an Islamic residential district called Ketermaya, fifty kilometers south of Lebanon's capital Beirut, a children's school is operating in a refugee camp, the "School of Wisdom and Learning." On June 3, 2016, the school held a commencement ceremony for students that have completed a year of education. A Wonmo Pyeongae Foundation awards ceremony also took place.

In 2015, three people began undergoing teacher's training for eight months each in kindergarten education, lower-grade elementary school education, and higher-grade elementary school education. Tongil Group employees, many (perhaps most) of whom are not Unificationists, paid for these education programs by donating a portion of their salaries.

Thus, children who for years have not been able to receive education have gone through a year learning in what is essentially a private school. Students studied Arabic (their native language) mathematics, geography, science and English. Their schooling took place through even in the hottest month of July and the coldest month of December. Thanks to the teacher's hard work the children can read and write and their faces have become brighter.

In 2016, the Wonmo Pyeongae Foundation provided ₩10,000,000 (US\$8,500) worth of scholarships and from this past March the second year of education began. We were able to select two additional capable teachers

after a preparation period. On June 3, students who had completed the one-year curriculum received certificates and we held a Wonmo Pyeongae Foundation scholarship award ceremony.

The children applauded enthusiastically. Though it is not an official school, the certificates represented their worthwhile efforts to study. Each of the certificates is in the name of the Universal Peace Federation. The missionary family that had cared for this place from the beginning and the newly appointed local national leader are working together to care for it.

After the event, an old woman who was caring for an orphan came to us and said with warmth, "You have worked hard, thank you." We plan to care for these children even in the coldest of winter without rest as if they were our own children. It is a

relief to have this opportunity to be able to care for even a few of the 1,500,000 Syrian refugees residing in Lebanon.

According to the United Nations Refugee Agency UNHCR, Lebanon hosts the highest number of Syrian refugees in the world in proportion to its population size.

Life in a refugee camp

To aid our readers' understanding we are reprinting a description from an event held in the home of David and Patricia Earle in 2013. The descriptions come from experiences in a camp in Syria itself, but nonetheless describe the plight of the refugees who have lost homes, family members and the normal life they once knew.

Marwa Kuwaideri is a British Syrian. She is the program development manager for the Human Care Foundation Worldwide (HCFW)



which now specifically focuses on helping Syrian people. They aim their humanitarian at the more than 1 million refugees, over 500,000 of whom are children.

Aided by large photographs which she had brought, Marwa described working in one refugee camp where, out of three hundred and forty families, a hundred women are widows! Many of the people had had to flee not because of fear but simply because of the destruction of their homes and all possessions. HCFW is trying to provide baskets and formula milk, and working with other organizations to try to provide clean water. Many areas are total disaster zones, and they work to help people on both sides of the divide.

In another camp of 15,000 people, she described how the children there had no smiles on their faces, hard and bitter from their traumatic experiences during the war, having lost everything including their childhood. Aid organizations conduct “workshops” in an attempt to begin the long process of healing the trauma, rebuilding the children as human beings, and restoring their faith in humanity.

One of the worst feelings for Marwa was when desperately hungry people asked her for food but she had none to give. She said there needs to be much more media coverage of the humanitarian catastrophe, rather than simply reporting on the conflict.

Driven from their homes

Shaima Saif was the third of our main speakers, an assistant at the Yemeni Forum women’s group in Birmingham.



Shaima has just finished a Masters Degree in International Development, and spoke about some of the recent history leading up to the crisis in Syria. She talked about the Arab Spring, which began in Tunisia in 2011 and 2012, in reaction to a twenty-six-year-old street vendor, Mohamed Bouazizi, who committed suicide by setting himself on fire in front of government offices, having been abused by government inspectors who took his fruit. The anger that arose from his senseless death set off protests over the state of poverty and child hunger in the country. President Ben Ali stepped down, after twenty-three years in power, less than two weeks after Mr. Bouazizi died. This led to developments in other Middle East countries including Egypt, Libya and Yemen, with popular protests against corruption, championing freedom, human rights, democracy

and the basic needs of the people.

In Syria, protests began when a group of thirteen and fourteen-year-old children, who had written graffiti in a public place, were arrested, taken into detention, tortured and some even killed. Uprisings and further protests began in the south of the country, eventually spreading north throughout the whole of Syria. The conflict has displaced huge numbers of people. Shaima’s father went to visit one refugee camp in Lebanon.

At that time, no aid organizations were working there, but in this case the people had “fire in their bellies” and were relatively happy, even in such a miserable situation, accepting the cost of being part of a big movement for human rights, hoping and believing that permanent, positive change is coming.

One woman asked Shaima if women were coming together to try to protest, and bring an end to the violence in Syria. She replied that there had been a number of strong protests initially, but some women were arrested and tortured, and then many of the more educated women fled for their safety. Many of the women who reached the refugee camps were tired, exhausted by the length of the conflict and going through such harrowing experiences, even losing their “womanhood” and motherly instinct to care for their children. Women were losing their motherliness, and children their childhood—experiencing only sadness and despair. *TP*



- ① Parents are in an awkward situation as refugees. In their own country, these men would likely be working, but they are likely to feel deep gratitude to those who are helping the ones they love to have a better chance at making a decent life by receiving an education in the camp.
- ② Tongil Group employees afforded to Syrian children, forced out of their native land, the opportunity to study.
- ③ Hermine Schellen, who is among members in Lebanon trying to help refugees there and a Tongil Group representative with one of the many students they took photographs with

Spiritual Synergy on a Saturday Afternoon

Germans become acquainted with Angolan culture and food



The seminar house Neumühle was full to the bursting point—about a hundred and fifty Angolans from all over Germany, members of the Family Federation and the representatives of UPF chapters in Frankfurt, Bonn, Stuttgart and Giessen—had gathered for a family-style get together, inspiration, food and international exchange, co-sponsored by UPF. Altogether, a hundred and ninety people were on hand that day, Saturday, June 11.

The Angolan consul-general in Frankfurt, Manuel Domingos, was the host. He wanted to introduce Germans to the multifaceted cul-

ture of his country, while at the same time offering spiritual (and physical) nourishment to his people. Both aspects were a great success!

The program opened in an official manner with the singing of the German “Das Deutschlandlied” and Angolan, “Angola Avante” national anthems. In his brief introduction, the consul-general asked the audience members whom they considered most deserving of thanks for this gathering. God was the answer. Most Angolans are religious and many are members of Pentecostal communities in Stuttgart and Bonn. Their Pastor Lucas offered the open-

- ❶ Angolans living in Germany sing for our German members
- ❷ The Angolans came as families, people from a different culture, reaching out to establish bonds of heart with German FFWPU members.
- ❸ The Angolan consul-general in Frankfurt, Manuel Domingos, called some of the German members to the front and exhorted everyone present to demonstrate a God-centered life.
- ❹ Everyone was treated to Angolan cuisine and had a chance to get better acquainted on the grounds of the seminar house.





ing prayer, and then introduced the European representative of the Portuguese Pentecostal community, whose members mostly come from Angola, Brazil or Portugal.

We saw and heard about the history and culture of Angola, about reconciliation after the civil war, about their economic boom in recent years, and then we were spirited into the world of typical Angolan dance with the *Kizumba*.

The spirited conclusion


As a finishing touch, the moderator Teodoro Cunha, from Bonn, led us into the more spiritual aspect. His family had participated in an Easter

workshop in Neumühle, and the basic principles and values of the Family Federation had impressed them. Claus Dubisz (Frankfurt) explained the three blessings, the fundamental role of the family in human society, and the necessity for a responsible attitude toward sexuality; that is, celibacy before marriage and fidelity in marriage. He ended by introducing the Blessing Ceremony as a worthy goal for the maintenance of intact families and an intact modern society and invited the couples to participate in a Blessing Ceremony on October 3, in Neumühle. Norma Haubold translated everything into Portuguese, while no-doubt deep-

ing the message with her Brazilian temperament.

The program continued with the Stuttgart Gospel Choir, which rendered two soulful songs about the love of Jesus Christ. In the end, the children had the opportunity to present a dance they had prepared, and a young Angolan sang for us.

The moderator was just about to round off the program in the hall with an invitation to a bountiful buffet of Angolan specialties, when Manuel spoke again. Of his passionate speech, the moderator was only able to translate the essential points. He pleaded with his fellow Angolans, "Parents, take care of your children and youth! Give them spiritual guidance. Show them the value of a healthy family. Don't let them fall into licentious sex." He called Pastor Lucas, as well as Hubert Arnoldi (Stuttgart), Gregor Sattler (Bonn), and Claus Dubisz (Frankfurt) to the front and challenged them to demonstrate in workshops and seminars what a valuable, God-centered life looks like. "It is not a matter of an emotional experience; it is about guiding the hearts and mind-sets of young people in the right direction." This was greeted by resounding applause.

Then the event came to a culinary end. "This place is a piece of paradise," enthused one guest, to evident general agreement. Truly, such events ought to take place here more often. 

UPF-Germany submitted this article. Manfred Rauschert was the photographer.



Snatched Away from Their Own Children

On May 16, a couple in the city of Hiroshima, members of our church, filed a ¥7,000,000 (about US \$70,000) damage suit in the Hiroshima district court against the “deprogrammers” and their own family members for abducting and confining them in an apartment in Osaka for the purpose of forced de-conversion, July 26–31, 2014.

Dual kidnappings

On July 26, 2014, family members of the husband (forty-three years old) told him that they were going to a hospital to see a relative of theirs and placed him in a van driven by a stranger. He was taken to an apartment in Yodogawa, Osaka, where he was confined.

Subsequently, the wife (forty years

old) who was visiting her parents’ house in Hiroshima at their invitation with her two children, a daughter (eight years old) and a son (three years old) was suddenly attacked by her family members. They tied her arms and legs, wrapped her in a sleeping bag and banded the sleeping bag with string. Torn away from her children, she was conveyed into a van and taken to the same apartment in Osaka where her husband was being confined.

Confinement

Their abductors had tightly locked the front door with two types of padlocks and chains and had fixed the crescent lock on the sliding glass door leading to the veranda with wire so it would not open. Although the family members watched the couple during confinement, there was also a wom-

an, unfamiliar to them, with keys to the padlocks dangling from her neck, who strictly watched over them. She would not allow anyone to leave the room without her permission.

The faith-breaker

From the second day of captivity, an evangelical minister, Mamoru Takawaza (now deceased) of Kobe Makoto Church visited the apartment each and every day, attempting to force the couple to leave the Unification Church by making slanderous statements to them about the church and making personally offensive statements. The couple suffered the direst distress not only from having been abducted and confined through violent means but also as a result of having been forcibly separated from their two small children.



Left to right: Japanese books on the issue of “deprogramming” and abduction—Protect Our Human Rights!, An Escape from Kidnappers, Forced Renunciation of Faith and A Complete Testimony of Two Hundred and Fifty Days in Confinement

Rescue

On July 31, at around 1:00 AM, the wife managed to make an emergency call to the police using one of the perpetrators' mobile phones. Police officers who came to the rescue released the couple and were able to pick their children up safely at their relative's house by the end of the day.

Seeking justice

Since this case of abduction and confinement for the purposes of forced de-conversion was conducted at the initiative of Takazawa, the couple offered to go for a private settlement with their family members, so they could leave them out of the criminal charge. The main points of the settlement proposed by the couple were (1) that they admit the facts concerning the case; (2) that they be perfectly honest in submitting all facts and evidence and (3) that they promise never to repeat such a deed again. However, because the family members refused this, the couple had to file criminal charge against all

those involved in the case including their family members.

Mr. Takazawa's end

Takazawa Mamoru had been involved in a few hundred vicious cases of forced de-conversion including a case involving serious injury to a male member of the Unification Church who was seriously injured after falling from the upper floor of an apartment building while attempting to escape from confinement. Takazawa had lost two civil cases and had already been under accusation in two criminal cases, though both criminal cases had been dropped due to suspension by the prosecution. Given that the prosecution had declined to prosecute earlier cases, this couple claimed that Takazawa dared to commit this abduction case out of sublime confidence that he could "get away with anything."

Forced de-conversion by means of abduction and confinement against followers of the Unification Church started in the late 1960s and the number of victims adds up to more than

4,300. Last September, Mr. Toru Goto, who suffered forced de-conversion under confinement for twelve years and five months, finally won his case in the Supreme Court. Furthermore, in July 2012, when Mr. Goto's case was still on trial, the United Nations Human Rights Committee (in Geneva, Switzerland) expressed concern regarding "abductions and the forced confinement of converts to new religious movements" in Japan and urged the Japanese government to "take effective measures to guarantee the right of every person."

Translator's note

Since others involved in their abduction have not been held legally liable owing to Takazawa's death ending the criminal case last year, out of the lingering fear that abduction and confinement might recur, the couple decided to file a civil suit against them. *FP*

This material came from the Department of Public Information, FFWPU-Japan



Following their ordeal, the couple met with figures in the FFWPU Japan Headquarters (left to right) Mr. Kondo Tokushige, chief of the Law Department; Mr. Fukumoto Shuya, a lawyer; and Mr. Kamono Mamoru, chief of the Public Information Department.

A Soccer Tournament Children’s “Peace Cup” 2016

Ticino, Switzerland

By Seraina Termine



- ① Heiner Handschin presents the trophy while his wife Carolyn looks on
- ② A successful all-girl team



On Sunday, May 8, in the town of Novazzano, the fifth edition of the soccer tournament for children “Peace Cup” took place in cooperation with the much-appreciated soccer association of Novazzano.

From the Italian speaking part of Switzerland and northern Italy, came twelve teams in category “E,” aged nine to eleven, participating with the purpose of promoting fair play.

UPF-Ticino wishes to offer school-children a yearly opportunity to play soccer in a friendly environment, by observing and rewarding especially friendship-oriented gestures of behavior during the competition and among the spectators in the seating area. Actually, the best fans receive a trophy for fair support, as well.

“The greatest thing is that in this tournament everybody wins something,” a player commented cheerfully at the end of the event. In fact, in addition to the main awards, all the teams received a trophy and numerous special prizes for exemplary behavior of correct comradeship on the field, observed by the referees and UPF staff members. Even the kitchen staff received rewards for having prepared hundreds of delicious meals.

The weather was good but the enthusiasm shown by the participants and spectators was even better! The proud faces of the children were proof that in a well-played game it is possible to learn also from one’s own defeat, being pleased with oneself and others and always smiling.

This year for the first time, Italian players won the tournament—Cossato was the first-rank champion team and they also received the award for the best slogan, “Sometimes you win; always you will learn.”

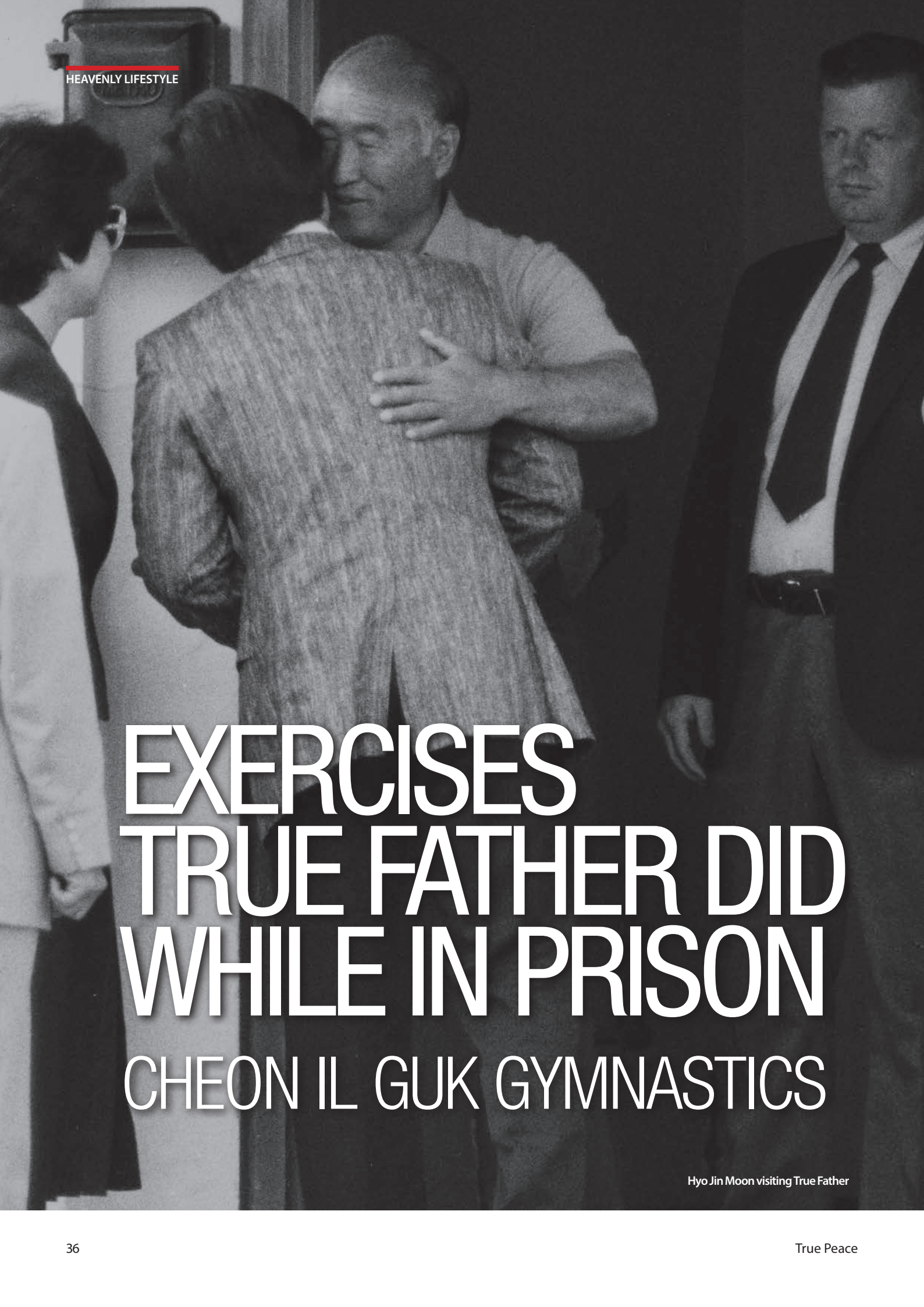
The main trophy Peace Cup was given to the team of Stella Capriasca for their behavior of respecting the motto of the tournament “Play football, build Peace.”

It was for the sake of bringing joy into the lives of young people and the older observers as well that we came together for the fifth time and had a truly enjoyable day. Looking at the smiling faces of the young proved beneficial to us all!

Please watch our reports, videos and pictures on Facebook. Simply use a search engine with the key words “facebook peacecup.upf-ticino.” You can also visit our web site at www.peacecup.upf-ticino.ch.

We look forward to many more such efforts to come together and experience peace through football! 🇮🇹





EXERCISES TRUE FATHER DID WHILE IN PRISON

CHEON IL GUK GYMNASTICS

Hyo Jin Moon visiting True Father



True Father speaking to True Mother from Federal Correctional Institution, Danbury

T rue Father had been sent to prison six times under false charges and accusations. To maintain his health, he designed these exercises and used them to train himself. His prison life was none other than cruel torture that left him hovering between life and death as well as one of repetitive, harsh labor. On all such occasions, while holding on to God's heart that is full of resentment, and struggling, True Father pledged to realize the creation of God's nation and the salvation of mankind by fulfilling human responsibility through his life. He kept telling himself, "Even at the brink of death, I must not die. I must stay alive!" That is why he began to invent this set of exercises to train his body.

Entering the substantial Completed Testament Age in 1995 centering on True Parents, Father commenced the Pantanal Providence in Jardine in order to restore the fallen world through indemnity

the final time and to return to the Garden of Eden, the original homeland. At the time, True Parents decided to dispatch four Korean leaders (Yu Jeong-ok, Song Yeong-seok, Kim Heung-tae, and Moon Pyeong-rae) to four different nations of Uruguay, Argentina, Brazil, and Paraguay. In Corrientes, he trained people in fishing at the river every day, which is the fundamental of the Ocean Providence.

It was the following day after Father arrived (May 24). The early morning prayer meeting was initially at five, but was adjusted an hour earlier. Knocking loudly on the doors of our rooms at the riverside lodgings where we were soundly sleeping, Father ordered us to quickly come out of our rooms in our underclothes. We were completely taken by surprise and hastily left our rooms in our undergarments. Father explained, "I'll now pass on to all of you the exercises I did to keep myself alive during my

incarceration. Practice them and train yourselves hard, so that you'll be able to greatly help in developing God's Will with a strong physique." After saying that, Father gave us a demonstration and started to train us. It was truly a historical moment. Father's prison exercises are a historical, unique way of preserving the health of human beings. Please use these description as you follow this video:

<https://vimeo.com/172518242>

Essential Points of Father's Exercises

- 1) Vigorous circulatory movement of blood and energy through pressure
- 2) Overall joint exercises through circular motion
- 3) Physique and muscle exercises through focus of energy
- 4) Exercises to release powerful energy through the unity and balance of the body

Crux of Father's Exercises

- 1) Sit upright at a 90-degree angle in

a meditation posture.

- 2) Tense your lower abdomen and balance yourself with abdominal breathing on the lower part of your belly.
- 3) You need to focus your energy on the lower abdomen and control your whole body.
- 4) Do not exercise partially, but mobilize your whole body.
- 5) The command for the number of repetitions is 13.
- 6) You may play cheerful music (such as "Jindo Arirang") to enjoy doing the exercises.

Types and Methods of Exercising

- 1) Warming Up Exercises
- 2) Being one with God
- 3) Invocation prayer
- 4) Mustering the universal force

Eye Exercise

- (1) Gather energy in your lower abdomen and connect the energy rising up from there to your arms and hands.
- (2) Apply pressure on the edges of both your left and right eyes with the second and third fingers, following some music or to the count of 13.
- (3) Next, with the same two fingers, massage the upper and lower sections of your eyes elliptically while applying a little pressure. First turn outward, then inward.
- (4) It will be more effective if you move breathing in the lower abdomen to the front and the rear just like doing a waist dance, keeping time to music or the count of 13 at this time.

Nose Exercises

- (1) Gather energy in your lower abdomen and connect the energy rising up from there to your arms and hands.
- (2) Apply great pressure on the central and both sides of the nose through the second and third fingers. While preventing air from flowing out, focus on the air in your lungs and your nose. Ensure air does not escape. Press hard 13 times.
- (3) Repeat once with the same method.
- (4) It will be more effective if you move breathing in the lower

abdomen to the front and the rear just like doing a waist dance, keeping time to music or the count of 13 at this time.

Mouth Exercise

- (1) Gathering energy and connection is the same as the above exercises.
- (2) The whole hand moves, but slightly bend the second finger into the shape of an eyebrow, put it on the upper and lower lips, and rub left and right with a slightly greater pressure. Then switch the upper and lower hands, and rub in the same way.
- (3) Turn both edges of the lips with your second and third fingers 13 times forward at the beginning and then 13 times backward.
- (4) It will be more effective if you move breathing in the lower abdomen to the front and the rear just like doing a waist dance, keeping time to music or the count of 13 at this time.

Ear Exercise

- (1) Gathering energy and connection is the same as the above exercises.
- (2) Grab both ears forcefully with the thumb and second finger. First, push them upwards 13 times and then pull them downward 13 times.
- (3) Next, fold your ears up and down behind with the same two fingers, and press 13 times hard.
- (4) After folding your ears with the same two fingers, apply pressure and poke 13 times toward the inside of the ears with your thumb.
- (5) It will be more effective if you move breathing in the lower abdomen to the front and the rear just like doing a waist dance, keeping time to music or the count of 13 at this time.

Neck Exercise

- (1) Gathering energy and connection is the same as the above exercises. Place both hands above the knees, hold the knees, and slightly lift up both shoulders.
- (2) At first, tilt your neck forward and then backward forcefully.
- (3) After that, bend your neck left

and right in the same manner.

- (4) Draw a circle with your neck from left to right, then right to left forcefully.
- (5) It will be more effective if you move breathing in the lower abdomen to the front and the rear just like doing a waist dance, keeping time to music or the count of 13 at this time.

Wrist and Finger Exercise

- (1) Gather energy by taking in a deep breath into the lower abdomen and holding your breath.
- (2) Stretch both your arms forward, grab your left hand fingers with your right hand, and bend them back forcefully. After that, grab your right hand fingers with your left hand and bend them back forcefully. Alternate your hands this way 13 times and exhale.
- (3) Now bend your left hand fingers, which are facing down, backward with your right hand. Alternate your hands this way 13 times and exhale.
- (4) It will be more effective if you move breathing in the lower abdomen to the front and the rear just like doing a waist dance, keeping time to music or the count of 13 at this time.

Arm Exercise

- (1) Gather energy by taking in a deep breath into the lower abdomen and holding your breath.
- (2) Hold your left wrist with your right hand above the navel and forcefully press down. At the same time, try to forcefully lift up your left hand and left arm. After pitting the strength of your right hand against that of your left hand 13 times, exhale.
- (3) Next, alternate your arms and hands, and once again have a strength contest 13 times in the same way. Then exhale. As energy is focused in the lower abdomen and your entire body is mobilized to have a trial of strength, your face flushes and blood flows through your whole body.
- (4) It will be more effective if you move breathing in the lower abdomen to the front and the rear just like doing a waist



Father meeting a Korean VIP who had come to visit him.

dance, keeping time to music or the count of 13 at this time.

Shoulder and Knee Exercise

- (1) Gather energy by taking in a deep breath into the lower abdomen and holding your breath.
- (2) Next, hold your knees upright. Then hug them close to your body with both arms. Grab your knees tight with both hands and at the same time, try stretching out your legs left and right forcefully. Exhale after having a trial of strength 13 times, using both shoulders.
- (3) Repeat this exercise once with the same method.
- (4) It will be more effective if you move breathing in the lower abdomen to the front and the rear just like doing a waist dance, keeping time to music or the count of 13 at this time.

Pelvis Exercise

- (1) Gather energy by taking in a

deep breath into the lower abdomen and holding your breath.

- (2) Put the soles of both feet together and close to the groin. Grab both feet with both hands. Bends and straighten your waist 13 times so that your chin goes toward the tips of your toes or into your soles.
- (3) Repeat this exercise once with the same method.

Waist and Leg Exercise

- (1) Gather energy by tensing your lower abdomen and respiring normally.
- (2) Hold your right ankle with both hands high in the air and put your right leg behind your head or neck. Perform the same action twice within the count of 13.
- (3) Next, repeat the exercise twice with your left leg.

Ankle Exercise

- (1) Gather energy by tensing your lower abdomen and respiring normally.

- (2) Put your right foot on your left knee and adopt an upright meditation posture. Hold your right ankle with your right hand and the tip of your right foot with your left hand. Then rotate 360 degree forward and backward. At the same time, point the tip of your toes to the front and back.
- (3) Switch to the other leg. Now put your left foot on your right knee and repeat the action.
- (4) It will be more effective if you move breathing in the lower abdomen to the front and the rear just like doing a waist dance, keeping time to music or the count of 13 at this time.

Waist Bending Exercise

- (1) Gather energy by tensing your lower abdomen and respiring normally.
- (2) Stand up and completely spread your legs. Bend your waist forward and stretch both arms and hands out to touch the tip of your feet. Do this 13 times.

덴버리 승리 120일 기념

1985. 12. 20 세계기독교통일신령협회



On December 20, 1985, True Parents celebrated the one-hundred-and-twentieth day after Father's release from prison, a providential period during which Father had to make substantial conditions in the fatherland to conclude his forty-year course.

(3) Next, bend your waist in the reverse direction, to the rear, 13 times.

Waist Twisting Exercise

- (1) Gather energy by tensing your lower abdomen and respiring normally.
- (2) Spread out both legs appropriately and put both hands on your waist. Twist your waist rightward 13 times.
- (3) Turn to the other direction and twist your waist leftward 13 times.

Knee Rotation Exercise

- (1) Gather energy by tensing your lower abdomen and respiring normally.
- (2) Hold both knees with both hands and rotate outwardly 13 times.
- (3) Next, rotate your knees inwardly 13 times.

Leg Raising Exercise

- (1) Gather energy by tensing your lower abdomen and respiring

normally.

- (2) Spread out your feet at a suitable distance and naturally rest both hands on your waist. Then alternately raise up and down your right foot and left foot until the area around your lower abdomen 13 times.
- (3) Next, lift up and down your left foot and right foot in turn 13 times.


Jumping Exercise

- (1) Gather energy by tensing your lower abdomen and respiring normally.
- (2) First, make your feet in the shape of the number 11 and jump softly on the spot 13 times.
- (3) Secondly, turn the tips of both feet with your body as the center and turn the heels facing outward. Jump on the spot 13 times a little higher.
- (4) Thirdly, jump very high and forcefully 13 times as in step 2. In the same way, repeat three times from step 1 to 3, and for the last time, finish off the soft

jumping with your feet in the shape of the number 11.

- (5) At this time, according to the intensity of the sequence, lift your arms up and wave left and right. Achieve body balance and get in the position of touching the soles of your feet.

Closing Exercise (Breathing Exercise)

- (1) Gather energy in your lower abdomen and do abdominal breathing. Stand straight and gather the universal energy as you did during warming up exercises.
- (2) Breathe in from the moment you raise both hands toward the sky till they reach a horizontal position.
- (3) Next, breathe out and lower both hands until they meet in mid position. Repeat this action four times with the same method. 

Moon Pyeong-rae, head of the Martial Arts Federation for World Peace, made this available to the magazine; this is as Father described the exercises to him.

Healthy Family Relationships, the Ultimate Solution to Global Issues

By Moon Sang-hi

The state of the family is a barometer of civilization: This means that healthy families, as the basic units of a social community, form a healthy society; conversely, if the family collapses, the social community will also collapse. This conveys the same concept as cells in a body being healthy indicating that the body is healthy.

Today's global issues—poverty, unemployment, starvation, war, terrorism, drug abuse, inflation, divorce, deviant sexual practices, free sex, disease—have originated from the family and will continue to do so. Therefore, social issues will naturally resolve themselves if families are healthy.

One healthy, model family arrangement is the traditional Korean “large family” structure, in which three generations live together. The Three Great Kingships of grandparents, parents and children live as one family forming the Four Great Realms of Heart and maintain relationships—parents, children, siblings; husband, wife, and grandparents communicating with love.

The grounds for a large family structure based on the Three Great Kingships being the model for a healthy family is that it is a structure that resembles God. When God's original internal nature and original external form develop a reciprocal relationship centered on the heart, give and receive action occurs and creates a result. At that moment,



when the four elements—center, internal nature, external form, and result—are connected, the reciprocal relationship of these four elements will always achieve the four-position foundation (giving rise to the concept of space). All things that exist in the universe, without exception, form a four-position foundation. This four-position foundation is rooted in the three-stage principle (giving rise to the concept of time: origin-past-grandparents, division-present-parents, union-future-children) caused by origin-division-union action.

The attributes of give and receive action are perfection, harmony and unity. Hence, contradiction, conflict or opposition do not arise in a family

structure in which are present origin-division-union action and the four-position foundation (in which give and receive action occurs). This ultimately translates into fulfilling the Three Great Kingships (concept of time) and the Four Great Realms of Heart (concept of space).

The aim of forming the Three Great Kingships and the Four Great Realms of Heart in a family and creating bonds of love is to resemble God and to connect to his “frequency.” When your family is on the same frequency as God, your family can tap into and resonate with the divine nature of God's universal awareness. A world in resonance with God would be a peaceful world of love within an order characterized by its beauty.

Maintaining happy family relationships with this level of resonance requires applying elements of true love. True love is primarily object-oriented and whole-oriented, which means having a goal to realize the value of another person by preserving the lives of the other person or of the whole and promoting that person's (or the whole's) growth and development. Second, true love is action-oriented which entails putting thoughts into practice and emphatically prioritizing service to others. Third, true love entails loving the other person unconditionally, regardless of whether the person is worthy of receiving love. Forth, it entails loving consistently, not temporarily.



Prof. Moon with students of Sun Moon University's Pure Love Department for the first Pure Love Education Seminar for professionalizing, globalizing and vitalizing pure love education

True love is indispensable

For sake of the propriety, stability and advancement of a healthy family, the presence of true love in the family is essential. You should list "things I should always do" and "things I should never do" as rules. Consistently practicing this is healthy and functional. In families that have rules that encourage family members to express affection toward one another, the circulation of affection causes grandparents, parents, and children to get along harmoniously, listen better to one another and strive to live for one another's sake. Trying to implement too many rules may backfire. However, rules work well when they become implicit and family members are emotionally comfortable with them.

Present global issues begin from problems in family relationships and a family collapses because it ceases to fulfill its functions. Family functions broadly divide into internal family functions and external family functions. The internal family functions affect each individual family member and are performed in these areas: establishing values, loving, having children, raising children, producing and consuming goods, education,

protection, relaxation and entertainment. The external family functions are ones the family performs for the whole society. In other words, they are maintaining sexual control, tribal preservation, supplementing of members of society, procuring labor in order to secure a living, maintaining economical order, cultural enjoyment and social stability.

The conjugal connection

The very center of a family is the husband-wife relationship. The husband-wife relationship represents the present but connects to the past and future as well. When children see their parents respecting their grandparents, setting a good example of filial piety, the children will likewise respect their parents. This is because the lives the parents lead are the scripts they write for their own children. The key point of healthy family relationships is building a healthy husband-wife relationship. In this way, well-rounded communication in a grandparent-parent relationship and the parent-child relationship is possible.

What specific elements in marriage contribute to a successful husband-wife relationship? First, the

family background in which good men and good women grow up is very important. People who have had many positive experiences in their childhood tend to have successful marriages. Parents emulate the lives the grandparents led and children emulate the lives their parents led.

Second, preparation for marriage is important. Whether both spouses maintained chastity before marriage, their age at the time of marriage and the motivation for marriage are very important variables. Third, the age and level of maturity of the people involved in the marriage affects the stability of the husband-wife relationship. Early marriages can have issues such as a decline in educational standards, inability to have one's desired career, low income, lack of preparation for parenthood, emotional immaturity, deficiency in self-awareness and lack of achievement in personal career developmental tasks. On the other hand, if one is prepared to put one's partner's happiness first before one's own and that is one's motivation for marriage, the marriage can succeed.

Arranged marriages have a high success rate because one can choose



Three-generational families experience the Four Great Realms of Heart



A bi-national couple and their relatives at *paebaek*, the Korean stage of their wedding ceremony

one's partner from an objective point of view.

Parents' matchings or (as is common in Korea) matchings by church elders are one of the most trusted ways of finding a future spouse, because these are arranged marriages.

A parent's love is a form of *agape*, which most resembles God's love. Depending on the attitude in which the parents raise their children, the children's attitude toward their parents will differ. When there is a lot of communication among family members, children have fewer conflicts and their affection for and sense of intimacy with their parents are high.

Filial piety, which is children's love, is the starting point of all love and once the child has grown to maturity and married, it determines the success of their marriage. Since filial piety is passed on traditionally through generational preservation, the parents should practice filial piety first in order for their children to take that path with them. Thus, each link of this chain through the generations is crucial for the preservation of filial piety.

Happiness into old age

The quality of the relationship the

elderly family members have with their children or with their daughter-in-law is an important variable in determining their satisfaction and can positively affect morale. (In the traditional Korean large-family structure, the daughter-in-law joins her husband in his parents' home.)

When elderly people are satisfied with their financial state, when their psychological satisfaction increases from being treated well as parents and when they are in favorable health, their psychological satisfaction and morale increases and loneliness decreases. When they are active in their lives of faith, they have higher levels of satisfaction and low levels of fear regarding death.

To preserve a healthy family, blessed first-generation members should pass on God's traditions, values, heavenly law and a heavenly lifestyle to those in our second and third generations. One: pass on God's pure lineage; two: conduct *hoondokhae* every day with the aim of achieving individual perfection of character and uniting and standardizing the values people hold all over the world; three: practice true love every day. Establishing such traditions will affect one's attitude in any of the public

areas, such as politics, economy, society and education.

Through generational preservation, healthy families understand how to trust, love, serve, support, and communicate with one another and study how to live according to heavenly law. Upon the foundation of purity and fidelity, a couple unites and studies how caring for children and the elderly can be both a goal and a source of joy in family life. A tradition in which relatives integrate and the standard of everyday customs passes from generation to generation in a desirable manner, make it possible for healthy and desirable preservation.

If healthy families become the structure of a community, people working in public fields (politics, economics, culture, education, diplomacy or the military) in a modern society will also have inherited positive attitudes from their own family relationships. Therefore, people working in these public fields will develop in a positive direction and we can expect that global problems will naturally be resolved. *☞*

Dr. Moon, a retired Sun Moon University professor, is the author of numerous books.



God Bless America

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